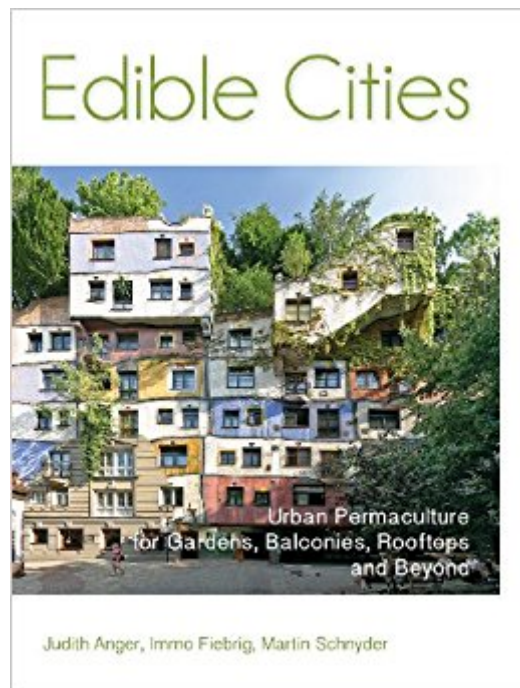




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Edible Cities: Urban Permaculture For Gardens, Balconies, Rooftops, And Beyond



Synopsis

Want to grow food but have nothing larger than a balcony, windowsill, or a piece of wall? No problem! This is a gardening book with a difference. It will help you to grow your own fruit, vegetables, herbs, and even mushrooms in small spaces in the most ecological way possible. Edible Cities shows you why the urban landscape can be a great place for permaculture. Discover inside:

- Principles of permaculture
- Worldwide examples of urban gardening projects
- Ideas for flats and balconies
- Green roofs
- Vertical gardening and urban beekeeping
- Guerrilla gardening and successful community projects
- Illustrated practical techniques with clear instructions
- Preface and contributions by Sepp Holzer
- Urban case studies from cities all over the world.

Packed with inspiration and practical, fully illustrated ideas, discover how people around the world are inventing new growing opportunities and making them a reality with few resources and a lot of creativity. Find out how you, too, can plan and create your own urban growing paradise.

Book Information

Paperback: 176 pages

Publisher: Permanent Publications; Tra edition (December 15, 2013)

Language: English

ISBN-10: 1856231372

ISBN-13: 978-1856231374

Product Dimensions: 6.7 x 0.4 x 9 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 6 customer reviews

Best Sellers Rank: #821,178 in Books (See Top 100 in Books) #141 in [Books > Crafts, Hobbies & Home > Gardening & Landscape Design > By Technique > Urban](#) #184 in [Books > Crafts, Hobbies & Home > Gardening & Landscape Design > By Technique > Container Gardening](#) #529 in [Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Vegetables](#)

Customer Reviews

Edible Cities aims to inspire urban residents to incorporate nature, preferably the edible variety, into their lives. The authors, ardent permaculturists inspired by their study with Sepp Holzer (who also wrote the foreword to the book) believe that growing plants is possible for anyone with a balcony, rooftop, or even just a windowsill. To that end, they offer a broad overview of permaculture followed by numerous examples of how it is implemented in ways both beautiful and delicious. Joan Bailey,

food and farm blogger in Japan

Judith Anger is a freelance events promoter in Vienna. In 2011, she started the PermaVitae organization to develop permaculture training. Dr. Immo Fiebrig is a qualified pharmacist, scholar, and professional communicator in permaculture and health. Martin Schnyder is a trained landscape gardener and has been working as a self-employed gardener in central Switzerland since 1997.

Absolutely a must have with outstanding resources and benefits of urban gardening for smaller spaces!

Such wonderful ideas, examples and thoughts. As a "foodscapist" I found lots of inspiration, and some ideas, inside. This is a book for everyone! Everyone will get something out of it - and maybe even plant some food because of it.

Very interesting read! This is my passion here on our homestead so I love to see what others are doing.

Really interesting little book full of ideas for small-space permaculture gardening.

Gives me hope. Lots of interesting ideas.

Great

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